



**Quick and easy back to school
August recipes for kids and
moms and dads and teachers.**

After-School Pudding Snack

- 1/4 banana, sliced
- 2 vanilla wafer cookies, coarsely crushed
- 1 pudding cup (3.5 oz each) Hunt's Snack Pack Vanilla Pudding
- Reddi-wip Original Whipped Light Cream

Add bananas and cookies to pudding cup; mix lightly.

Top with a serving of Reddi-wip. Serve immediately.

Cook's Tips

Variations: Apple Cinnamon: Substitute 1/4 cup chopped apple and 1/2 square cinnamon graham cracker, crushed, for banana and vanilla wafers. Rocky Road: Add 8 mini marshmallows and 1/2 square graham cracker, crushed, to Hunt's Chocolate Snack Pack Pudding.

Artichokes with Mayo Dip

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| 1/2 cup fat-free or reduced-fat mayonnaise | 2 tsp. chopped fresh mint |
| 1/2 cup nonfat sour cream | 1 1/2 tsp. lemon juice |
| 1 tbsp. chopped fresh chives | 1/2 tsp. pepper |
| | 4 artichokes |

Combine mayonnaise, sour cream, chives, mint, lemon juice and pepper in bowl. Divide sauce into 4 small bowls.

Place 1 inch of water in stainless steel pot with tight lid. Place artichokes, stem side up, in water. Steam prepared artichokes, covered, 30 to 40 minutes. Test by sticking toothpick in stem; it should feel tender.